

SECRET OF JEEVA SAMADHI

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Medical Science has advanced phenomenally in recent decades but the subject of Death continues to be an enigma even to the most indefatigable of researchers in the field. However, in ancient India, more than 2,000 years ago, lived several sages who, through their meditation and research, had solved the mysteries of disease and death. Their findings, of astounding accuracy, precision and detail, are to be found in their deceptively simple-sounding verses, containing hints and clues of abstruse nature which have to be followed up painstakingly so as to get at the import. It is the job of a life-time and I know what I am speaking about, for I have been studying and probing the poems for nearly half-a-century.

These sages of ancient India, most of whom hailed from the southern part of the sub-continent, that is Tamil Nadu, lighted upon the fact that the human body itself is a chemical one. Thus the body has all the facilities and infrastructure to produce whatever chemicals are required to maintain the health. This is true of even plant-life as may be seen from an example cited to me recently by an agricultural research-scientist. It seems there is a strain of grape fruit which, at a particular point of its growth, builds up sucrose (sugar) to such a level that it should, in all reason, attract hordes of ants to its stem. But nothing like that occurs and when the grape was analysed it was found that copper sulphate (CuSO_4) in traces is generated by the plant itself to keep off ants! When that is so with a plant, would not Nature have endowed man with a lot more of immunity in level with his status in the evolutionary order? Actually the Tamil word for “medicine” is “marundhu” which means re-propulsion. Medicine’s role is to step up or reinforce the immunity of the system in order to fight off disease and hence it is and should be of limited application.

Continuous medication would only weaken the system in the long run-it might give symptomatic relief but the cause of the disease would remain untouched.

If there is any deterioration or disease, the body is automatically able to generate whatever chemical is required for setting right the situation. All that the patient has to do is to ensure that the work of Nature is not interfered with. Having found this out, the aforesaid sages, called Siddhas in Tamil, came to ascertain the basic way in which this kind of appropriate medication is carried out by the body-system. Proceeding further, they discovered that the sexual vital fluid is the basic chemical fluid in the body. When they charted a way to recycle this fluid in the body, the results were wonderfully beneficial. The structure of the body and its chemical qualities were fortified to a remarkable extent and they could avoid illness, withstand ageing and even postpone death.

Energy-field for Devotees

When these siddhas wanted to stop living they did so during the process of Meditation by bringing all the functions of body and psyche under mental control and becoming one with the Universal Being. Here the mental functions alone stop while the life-force stays within the body. I have explained on other occasions what the mind is. It is the perceptual process (i-e) cognition, experience of pleasure and pain and the discrimination of Consciousness. This stops and the mind no longer shrinks to take shape and image. It stays in full expansion permanently to become one with Totality. The life-energy stays within the body. The container of the life-force being the sexual vital fluid, that fluid will also be absorbed within the body. Therefore the body will not decay, decompose or disintegrate. This kind of end chosen by a sage is what is known as Jeeva Samadhi.

Now the question arises: “What is the purpose of Jeeva Samadhi? And what matters to others whether his body decays or not?” These practical sages had

discovered many a secret of Nature. As the life-force remains within the body by Jeeva Samadhi, when the body is buried it will generate an energy-field around. When people come from far and near with prayer and go round the place, the life-force of the siddha augments the bio-energy in the area and radiates it to the people. In this way all those who worship such a soul will derive a variety of benefits-physical strength to cure ailments, mental strength to withstand misfortune and even the means to enlightenment. These benefits may flow to devotees for even some hundreds of years after the entombment of the siddha.

I will tell you another aspect of Jeeva Samadhi. Generally after a death there is continuity of the soul in its function and it could get attached with a living person of like character according to the imprints of karmas. Such a process is avoided completely in the case of Jeeva Samadhi, because the life-force is absorbed within the body. One secret is that the body will not decay or disintegrate, as long as the life-force is within. I will explain this through an example: There is a big tree with roots running to twelve feet of that root and bury the piece at a spot away. After five months dig up the spot and see what has become of the piece of root. It would be dead, near disintegration and about to be absorbed by the mud. When attached to the tree, it was safe under the same earth and it was even absorbing nutrients from the same mud. How? Because the life-force within the root was giving it protection. Because the life-force and its radiation, bio-magnetism, were working fully within the root maintaining the polarity of the cells, it was not decaying.

Similarly when the life-force is retained within the body decay will not occur. Numerous were the siddhas in India but 18 shrines of theirs are well-known.